

## CURRICULUM VITAE

**NAME:** Vincent R. Avallone, Jr., D.O.

**OFFICE ADDRESSES:** 800-B New Holland Avenue  
Colonial Business Center  
Lancaster, PA 17602  
Ph # (717) 299-3077  
Fax# (717) 299-3241

801 Orange Street  
Lebanon, PA 17042  
Ph # (717) 270-6900  
Fax# (717) 270-8900

300 Continental Drive  
Elizabethtown, PA 17022  
Ph # (717) 299-3077  
Fax# (717) 299-3241

**HOME ADDRESS:** 604 Fleetwood Drive  
Lititz, PA 17543  
Ph # (717) 569-1576

**DATE OF BIRTH:** May 8, 1956

**COLLEGE:** B.A. Biology  
LaSalle University  
Philadelphia, PA - 1978

M.S. Environmental Science  
Drexel University,  
Philadelphia, PA - 1980

**POST GRADUATE TRAINING:** Doctor of Osteopathy  
Philadelphia College of Osteopathic Medicine  
Philadelphia, PA - 1984

Chief Resident of Orthopedic Surgery  
Osteopathic Medical Center of Philadelphia  
Philadelphia, PA - July 1988 - January 1990

**POST GRADUATE TRAINING:**

Resident of Orthopedic Surgery  
Osteopathic Medical Center of Philadelphia  
Philadelphia, PA - February 1986 – February 1990

Staff Physician  
Nazareth Hospital  
Nazareth, PA July 1985 – February 1986

Rotating Internship  
Osteopathic Medical Center of Philadelphia  
Philadelphia, PA July 1984 – June 1985

**CURRENT LICENSURE/  
BOARD CERTIFICATION:**

Board Certified  
American Osteopathic Academy of Orthopedics  
October 1993

Osteopathic Physician and Surgeon  
Commonwealth of Pennsylvania  
OS-005582-L  
DEA: AA3254798

**PROFESSIONAL EXPERIENCE:**

Orthopedic Surgeon  
Regional Orthopedic Associates, PC  
Lancaster and Lebanon, PA 1990 – 1995

Resident Trainer  
Orthopedic Surgery  
Community Hospital of Lancaster  
Lancaster, PA April 1990 – Present

Medical Staff - Active Member  
The Good Samaritan Hospital /  
Hyman Caplan Pavilion  
Lebanon, PA 1990 – Present

Medical Staff – Active Member  
Lancaster Regional Medical Center /  
Previously: St. Joseph's Hospital  
Lancaster, PA 1990 – Present

Clinical Assistant Professor  
Hershey Medical Center  
Hershey, PA 1991 – 1994

**PROFESSIONAL EXPERIENCE:**

Physicians Advisory Board  
Lancaster Health Network  
Lancaster, PA 1994 – 2002

Oral Examiner -- Board Certification  
A.O.B.O.S. - September 1994

Orthopedic Surgeon  
Avallone Orthopedics  
Lancaster and Lebanon, PA 1995 – Present

Board of Directors  
Lancaster Health Network  
Lancaster, PA 1996 – 2002

Associate Professor - Orthopedic  
Osteopathic Medical Center of Philadelphia  
Philadelphia, PA 1996 – Present

Medical Staff - Courtesy Staff  
Lancaster General Hospital  
Lancaster, PA 1996 – Present

Secretary - Treasurer  
Lancaster Osteopathic Medical Society  
Lancaster, PA

Orthopedic Consultant  
Millersville University  
Millersville, PA

Testing Writing Committee Member  
Certification Board  
American Osteopathic Board of Osteopathic  
1998 -- 2002

Surgery

Medical Staff - Provisional  
Surgery Center of Lancaster  
Lancaster, PA 1991 – Present

Medical Staff - Consulting  
Veteran's Administration Hospital  
Lebanon, PA 1990 – 1994

**SUBSPECIALTY ROTATIONS:** Automated Percutaneous Lumbar Discectomy  
Nucleotome Workshop  
November 1990

Total Joint Rotation  
University of Penn / Delaware County Hospital  
January 1989 -- March 1989

Sports Medicine Rotation  
Paoli Hospital  
April 1988 -- June 1988

Pediatric Rotation  
Shriner's Hospital of Philadelphia  
October 1987 -- December 1987

**PROFESSIONAL MEMBERSHIPS  
AND ASSOCIATIONS:**

American Osteopathic Association

Pennsylvania Osteopathic Medical Association

Pennsylvania Orthopedic Society

American Osteopathic Academy of Orthopedics  
Member, 1990

Medicine

American Osteopathic Academy of Sports

American College of General Practitioners

**HONORS & AWARDS:**

Dean's List -- Drexel University

**PRESENTATIONS:**

"Articular Cartilage Injury of the Knee"  
7<sup>th</sup> Annual Sports Medicine Update  
Indiana University of Pennsylvania - 2001

"Treatment of Arthritis of the Knee"  
American Arthritis Foundation  
Lancaster, PA - September 2001

**PRESENTATIONS:**

“Treatment of Proximal Humerus Fractures in Children”

39<sup>th</sup> Annual Meeting of American Osteopathic Academy of Orthopedics  
Atlanta, GA - 1999

“Arthroscopic Debridement of the AC Joint and Distal Clavicle”

38<sup>th</sup> Annual Meeting of American Osteopathic Academy of Orthopedics  
Kansas City, MI - 1998

“Spinal Instrumentation with Posterior Lumbar Interbody Fusion”

Annual Meeting of American College of Osteopathic Surgeons  
New York, NY - 1988

“Rotator Cuff Arthropathy”

“Journal of Osteopathic Medicine”  
October 1990

“Combined Dislocation of the Carpometacarpal Joint with Rupture of the Radial Collateral Ligament of the Thumb”

“Journal of the American Osteopathic Academy of Orthopedics”, Volume V. No 1 1989 – 1990

“Evaluation of Popliteal Masses”

“Journal of Pennsylvania Osteopathic Medical Association”- July 1990

“Fracture of the Neck of the Talus in a Child”

“Journal of Pennsylvania Osteopathic Medical Association” - January 1989

**RESIDENT PAPERS:**

“Discitis Following Lumbar Laminectomy”  
Case Study and Review of Literature - 1987

**CME LECTURES:**

New Approaches to Osteoarthritis of the Knee  
Lancaster Osteopathic Medical Society

Congenital Hip Dislocation  
Community Hospital of Lancaster

Lower Extremity Trauma  
Community Hospital of Lancaster

Pyogenic Arthritis  
Community Hospital of Lancaster

Impingement Syndrome of Shoulder  
Community Hospital of Lancaster

Carpal Tunnel Syndrome  
Community Hospital of Lancaster

Examination of Lumbar Spine  
Community Hospital of Lancaster

Perthes Disease  
Community Hospital of Lancaster

Avascular Necrosis  
Community Hospital of Lancaster

Rotator Cuff Disease  
Community Hospital of Lancaster

Comprehensive Knee Examination  
Community Hospital of Lancaster