

David L. Rubenstein, M.D.
CV
Continued

Visiting Team Physician, LOS ANGELES DODGERS
Professional Baseball Team

Head League Physician-Medical Director
MAJOR LEAGUE PROFESSIONAL LACROSSE

Orthopedic Surgeon – 2001 ESPN EXTREME Games
“X-GAMES”-Philadelphia

Team Physician, Philadelphia Wings (1991-2004)
Professional Lacrosse Team, Orthopedic Consultant
(2004-present)

Director of Sports Medicine at Lankenau Hospital

Orthopedic Consultant, Bryn Mawr College

Team Physician, The Haverford School

Team Physician, The Shipley School

Team Physician, Marple Newtown High School

Team Physician, Friends Central School

Assistant Team Physician, Haverford College

Team Physician, The Baldwin School

Inventor – “BOUNCE-BACK” Exercise System

Orthopedic Consultant – GENTIS Corporation Cartilage
Cell Technology, Philadelphia, Pennsylvania

Medical Director – Millenium Home Health Care

Medical Director – HealthSouth Physical Therapy,
Wynnewood, Pennsylvania

David L. Rubenstein, M.D.
CV
Continued

EDUCATION

FELLOWSHIP

Kerlan - Jobe Orthopedic Clinic
Sports Medicine
Los Angeles, California
July, 1989 - July, 1990

Additional Fellowship Responsibilities:

Assistant Team Physician - Los Angeles Dodgers

Los Angeles Lakers

Los Angeles Rams

Los Angeles Kings

Orthopedic Physician - Cal-State Los Angeles University

RESIDENCY

Albert Einstein Medical Center
Department of Orthopedic Surgery
Philadelphia, Pennsylvania
June 1985 - June 1989

Shriner's Hospital for Crippled Children
Department of Orthopedic Surgery
Philadelphia, Pennsylvania
January, 1987 - May, 1987r

St. Christopher's Hospital for Children
Department of Orthopedic Surgery
Philadelphia, Pennsylvania
May, 1987 - June, 1987

Jefferson Medical Center for Hand Surgery
Philadelphia, Pennsylvania
January, 1988 - April, 1988

Arthroscopy Elective - Orthopedic Research of
Virginia
Drs. Caspari, Meyers and Whipple
Richmond, Virginia

David L. Rubenstein, M.D.
CV
Continued

INTERNSHIP September - October, 1988
Albert Einstein Medical Center
Philadelphia, Pennsylvania
May, 1984 - June, 1985

MEDICAL SCHOOL Temple University School of Medicine
Philadelphia, Pennsylvania
1980 – 1984

COLLEGE University of Pennsylvania
Philadelphia, Pennsylvania
B.A., Biology
Magna Cum Laude
1976-1980

ORTHOPEDIC PRESENTATIONS

"Radiology of Pelvic Trauma." Temple University Hospital/Albert Einstein Medical Center Grand Rounds, January 1986.

"Differential Diagnosis of the Osteochondrodysplasias; An Approach to Disproportionate Short Stature" Temple University Hospital/Albert Einstein Medical Center Grand Rounds, January, 1987; Medical College of Pennsylvania Grand Rounds, June 1987.

"Evaluation and Treatment of Compartment Syndromes" Albert Einstein Medical Center Conference, November 1986; Albert Einstein Medical Center General Surgery Trauma Rounds, December 1986; Moss Rehabilitation Topic Conference, July 1987; Albert Einstein Medical Center Emergency Room Grand Rounds, September 1987; Temple University Hospital Orthopedic Grand Rounds, January 1989.

"Determinants of Stability in Pelvic Ring Fractures" Albert Einstein Medical Center Radiology Bone Conference, August 1987; Albert Einstein Trauma Conference, October 1987.

"Immunologic Aspects of Orthopedic Surgery" Albert Einstein Medical Center Grand Rounds, October 1987; Temple University Hospital Grand Rounds, October 1987.

David L. Rubenstein, M.D.
CV
Continued

"Impingement Syndrome & Rotator Cuff Disease" Albert Einstein Medical Center Grand Rounds, September, 1987; Moss Rehabilitation Arthritis Conference, October 1987.

"Upper Extremity Tendon Transfers Following Peripheral Nerve Palsy" The Jefferson Hand Center Grand Rounds, March, 1988, Temple University Hospital/Albert Einstein Grand Rounds, May 1988.

"Anterior and Posterior Shoulder Subluxation" Albert Einstein Medical Center Grand Rounds, March 1989.

"Biomechanics of the Knee" Kerlan-Jobe Orthopaedic Clinic Sportsmedicine Grand Rounds, September 1989.

"Orthopedic Surgical Management of Athletic Throwing Injuries" The Injured Shoulder Symposium sponsored by The Robert Wood Johnson Rehabilitation Institute and UMDNJ Robert Wood Johnson Medical School, New Jersey, October 1989.

"Physical Examination of the Shoulder", Kerlan-Jobe Orthopaedic Clinic Sports Medicine Grand Rounds, January 1990

"Genucom Reliability in Patellofemoral Disease", Kerlan-Jobe Orthopaedic Clinic Annual Fellows Day, June 1990

"The Anterior Capsulolabral Reconstruction in the Athletic Population." Kerlan-Jobe Orthopaedic Clinic Annual Fellows Day, June 1990; American Academy of Orthopaedic Surgery: Shoulder and Elbow Specialty Day, March 1991; New York/New Jersey Orthopaedic Society Meeting,

"Anterior Cruciate Ligament Reconstruction and Rehabilitation", Trimax Rehabilitation Center Lecture, January 1991

"Shoulder Examination and Evaluation", John F. Kennedy Medical Center Family Practice Speciality Rounds, January 1991. Trimax Rehabilitation Center Lecture, February 1991

"Surgical Approach to the Injured Patient with Chronic Shoulder Pain"; Chronic Pain Symposium sponsored by Robert Wood Johnson Rehabilitation Institute and Merck Corporation, April 1991

David L. Rubenstein, M.D.
CV
Continued

"Running Injuries and Their Prevention", 1991 Philadelphia Distance Run Exposition,
September 1991, Philadelphia, Pennsylvania

"Elbow Injuries in Athletes", Guest Lecturer, Albert Einstein Medical Center Grand Rounds,
December 1991

"Joint Replacement", The Kaiserman Center,
January 1992, Wynnewood, Pennsylvania

"Shoulder and Knee Arthroscopy", The Kaiserman Health Fair, The Kaiserman Center,
May 1992, Wynnewood, Pennsylvania.

"Shoulder Reconstruction in Athletes", Pennsylvania Orthopaedic Society,
November 1992, Pittsburgh, Pennsylvania

"Sports Medicine and Overuse Injuries", BSA&I Health Fair,
March, 1993, Philadelphia, Pennsylvania

"Running Injuries, Prevention and Treatment", TV Guide Health Fair,
May 1993, Radnor, Pennsylvania

"Sports Medicine Made Simple", Lankenau Hospital Lecture Series,
September 1993, Wynnewood, Pennsylvania

"Common Sports Medicine Injuries", Lower Merion Grade A Inservice Training Program,
February 1994, Ardmore, Pennsylvania

"Common Sports Medicine Injuries and Their Treatment", ARCO Fitness and Wellness Annual
Sports Medicine Lecture,
March 1994, Newtown Square, PA

David L. Rubenstein, M.D.
CV
Continued

"Jobs Anterior Capsulolabral Reconstruction", First Annual Philadelphia Orthopaedic Sports Medicine Society Conference: The Shoulder,
May 1994, Philadelphia, Pennsylvania

"Physical Examination of The Extremities for The General Surgeon", Lankenau Surgical Grand Rounds,
May 1995, Wynnewood, Pennsylvania

"Elbow Injuries in The Throwing Athlete", Albert Einstein Medical Center,
November 1995, Philadelphia, Pennsylvania

"The Orthopedic Approach To X-Ray Interpretation", Lankenau Medical Grand Rounds,
May 1996, Wynnewood, Pennsylvania

"Tennis Elbow In The Tennis Player", Main Line Racket Sports Symposium,
September 1996, Ardmore, Pennsylvania

"Swimming Injuries - Prevention and Treatment", Upper Main Line YMCA Swimming Symposium,
February 1997, Berwyn, Pennsylvania

"Shoulder Injuries In The Athlete", Temple University Grand Rounds,
February 1998, Philadelphia, Pennsylvania

"Current Applications of Arthroscopy in The Family Practice Population", Lankenau Medical Grand Rounds,
May 1998, Wynnewood, Pennsylvania

"Overuse Injuries in The Athlete", Physical Therapy and Trainers Conference,
July 1998, Radnor, Pennsylvania

"Orthopedic Trauma in The Surgical Patient", General Surgery Grand Rounds,
September 1998, Wynnewood, Pennsylvania

"Pediatric Sports Medicine", Pediatrics Grand Rounds, Albert Einstein Medical Center,

David L. Rubenstein, M.D.
CV
Continued

October 1998, Philadelphia, Pennsylvania

“Sports Injuries in Physicians-Doctors Heal Thyselves”, Lankenau Medical Grand Rounds,
January 1999, Wynnewood, Pennsylvania

“Controversies in Sports Medicine”, Haverford Hospital Grand Rounds,
February 1999, Broomall, Pennsylvania

“Shoulder Instability in The Athlete - Operative Technique”, Lacrosse Injuries In Athletes,
May 1999, Philadelphia, Pennsylvania

“Elbow Injuries In The Athlete”, Thomas Jefferson University Grand Rounds,
October 1999, Philadelphia, Pennsylvania

“Rotator Cuff Injuries In Athletes”, Radiology of the Shoulder and Upper Extremity,
October 1999, Philadelphia, Pennsylvania

“Orthopedic Surgery for General Surgeons”, General Surgery Grand Rounds,
January 2000, Wynnewood, Pennsylvania

“Diagnosis and Management of Common Shoulder Injuries”, Primarily Orthopaedics Symposium
September 2000, Bryn Mawr, Pennsylvania

“Physical Examination of The Shoulder”, Primarily Orthopaedics Symposium
September 2000, Bryn Mawr, Pennsylvania

“Shoulder Injuries in Professional Lacrosse Players”, 1st Annual Professional Lacrosse Combine,
Major League Lacrosse, November 2000, Orlando, Florida

“Physical Examination of The Knee”, 1st Annual Professional Lacrosse Combine,
Major League Lacrosse, November 2000, Orlando, Florida

David L. Rubenstein, M.D.
CV
Continued

“Physical Examination of The Knee”, University of Delaware Annual Sports Medicine Symposium,
January 2001, Wilmington, Delaware

“Turf Injuries in Sports Medicine”, Thomas Jefferson University Orthopedic Grand Rounds,
February, 2001, Philadelphia, Pennsylvania

“Physical Diagnosis of Athletic Knee Injuries”, Mercy Physical Therapy Grand Rounds,
March 2001, Broomall, Pennsylvania

“Diagnosis and Management of Shoulder Injuries”, Newtown Square Physical Therapy Associates,
April 2001, Newtown Square, Pennsylvania

“Soft Tissue Problems About The Elbow”, Primarily Orthopaedics Symposium
September 2001, Bryn Mawr, Pennsylvania

“Diagnosis and Management of The Unstable Shoulder”, Primarily Orthopaedics Symposium
September 2001, Bryn Mawr, Pennsylvania

“Sports Injuries in the Workers Knee” Annual Rehabilitation & Workers Compensation Seminar
October 2001, King of Prussia, Pennsylvania

“Ruptures of the Pectoral Major- Surgical Repair” Pennsylvania Orthopedic Society
April, 2002, San Juan, Puerto Rico

“Overuse Injuries of the Elbow”, Primarily Orthopaedics Symposium
September 2002, Conshocken, Pennsylvania

“Shoulder Instability in the Young Athlete and The Weekend Warrior”, Primarily Orthopaedics
Symposium
September 2002, Conshocken, Pennsylvania

“Advanced Techniques in Shoulder Arthroscopy – Arthroscopic Rotator Cuff Repair, S.L.A.P.

David L. Rubenstein, M.D.
CV
Continued

Lesion Repair, Arthroscopic Stabilization.” (Arthrex Facility)
February, 2003, Naples, Florida

“Management of Pain in Sports Medicine” Orthopedic Sportsmedicine Symposium
May, 2003, Radnor, Pennsylvania

“Impingement Syndrome, Rotator Cuff Tears and Arthroscopic Rotator Cuff Repair”, Primarily
Orthopaedics Symposium
September 2003, Conshocken, Pennsylvania

“Arthroscopic Rotator Cuff Repair” Aquacenter SportsMedicine Symposium
September, 2003, Bala Cynwyd, PA

“Diagnostic Studies of the Knee & Shoulder” Pennsylvania Bar Association Annual Workers
Compensation Meeting
September, 2003 Hershey, Pennsylvania

“Effective Pain Management in Athletes” Podiatric Sports Conference
October, 2003, Bryn Mawr, PA

”Tennis Elbow & Golf Elbow” Lankenau Sports Medicine Community Lecture
October, 2003, Wynnewood, PA

”The Spectrum of Sports Medicine Treatment” Pfizer Sports Medicine Lecture Series
December, 2003, Bala Cynwyd, PA

“Effective Pain Management in Athletes” Primary Care Sports Medicine Conference
January, 2004, Philadelphia, PA

Shoulder Arthroscopy – Arthroscopic Rotator Cuff Repair (Arthrex Facility)
February, 2004, Naples, Florida

“NSAIDS in Athletes” Pennsylvania Physicians Assistant Grand Rounds
March, 2004, Rosemont, PA

David L. Rubenstein, M.D.
CV
Continued

RESEARCH PROJECTS AND PUBLICATIONS

"Compartment Pressures in Internally Fixed Femoral Shaft Fractures" Evan Kovalsky, M.D., David L. Rubenstein, M.D., Milton A. Wohl, M.D., Carlos Guanche, M.D., October, 1986. Winner of Albert Einstein Surgical Research Award 1990

"Cleidocraniopelvic Dysplasia" Presented at Shriner's Hospital for Crippled Children, Spring Conference, 1988. David L. Rubenstein, M.D., A. Bonarkdapour, M.D., Temple University Hospital

"Comparison of Antibiotic Irrigation vs. Saline Irrigation - A Rabbit Model" Richard Simon, M.D., Scott Kozin, M.D., David L. Rubenstein, M.D., Robert Ostrum, M.D., November, 1987

"Long-Term Follow-Up of Pycodysostosis" David L. Rubenstein, M.D., Michael Clancy, M.D. Presented at Shiner's Hospital for Crippled Children Spring Conference, 1988

"Analysis of Elbow Torque and Electromyographic Activity" Scott Kozin, M.D., David L. Rubenstein, M.D., Robert Liebenberg, M.D. Moss Rehabilitation Institute, 1988

"Genucom Analysis of Patellofemoral Tracking" Blake Thompson, M.D., David L. Rubenstein, M.D., Ralph Gambardella, M.D. Presented at Kerlan - Jobe Orthopaedic Clinic Annual Fellows Conference, 1990

"The Anterior Capsulolabral Reconstruction in the Athletic Population" David L. Rubenstein, M.D., Frank W. Jobe, M.D., Ronald S. Kvitne, M.D., Ronald E. Glousman, M.D., Marilyn Pink, M.S. Presented at Kerlan - Jobe Orthopaedic Clinic Annual Fellows Conference, 1990; American Academy of Orthopaedic Surgery Shoulder and Elbow Speciality Day, March, 1991, Anaheim, California; Nominated for 1991 "Neer Shoulder and Elbow Award"; New Jersey/New York Combined Orthopaedic Society, April, 1991. Orlando, Florida

David L. Rubenstein, M.D.
CV
Continued

"The Anterior Capsulolabral Reconstruction in the Athletic Population" David L. Rubenstein, M.D., Frank W. Jobe, M.D., Ronald S. Kvitne, M.D., Ronald E. Glousman, M.D., Marilyn Pink, M.S., The Journal of Shoulder and Elbow Surgery, November/December 1993

"Current Applications of Arthroscopy in the Treatment of Shoulder Disorders", David L. Rubenstein, M.D., Lawrence S. Miller, M.D., Arthur Bartolozzi, M.D., Seminars in Arthroplasty, 1993

"The Arthroscopic Findings of Shoulder Subluxation", David L. Rubenstein, M.D., Mark E. Farmer, M.D., presented at Fellows Sports Medicine Research Conference, June 1993, Philadelphia, Pennsylvania

"Knee Arthroscopy Techniques: Controversy and Consensus", James H. Lubowitz, M.D., David L. Rubenstein, M.D., Lawrence S. Miller, M.D., Adam Lansdorf, B.S., Arthur Bartolozzi, M.D., Michael Ciccotti, M.D., International Arthroscopy Association and International Society of the Knee Scientific Presentation, Hong Kong, 1995

"Shoulder and Knee Injuries In Swimming", YMCA Swimming Manual, David L. Rubenstein, M.D. Merrick Wetzler, M.D.

"How Much Does Inferior Capsular Shift Reduce Shoulder Joint Volume?" James Lubowitz, M.D., David L. Rubenstein, M.D. Arthur Bartolozzi, M.D., Lawrence S. Miller, M.D. and Michael Ciccotti, M.D., Orthopaedic Sports Medicine Research Competition, June 1994, Philadelphia, Pennsylvania, Clinical Orthopaedics and Related Research, 328: 86-90, 1996

"Revision Anterior Cruciate Ligament Reconstruction", M.J. Wetzler, M.D., A.R. Bartolozzi, M.D., M.J. Gillespie, M.D., D.L. Rubenstein, M.D., M.G. Ciccotti, M.D., L.S. Miller, M.D., Operative Techniques in Orthopedic Surgery 6:181-189, 1996

"Rotator Cuff Tears: A Review of Diagnosis and Treatment", Jack Abboudi, M.D., David L. Rubenstein, M.D., The Jefferson, Orthopedic Journal, Vol. XXVII: 18-25, 1998

"Revision of Failed GORE-TEX Anterior Cruciate Ligament Reconstruction", David L. Rubenstein, M.D., Greg Sarin, D.O., Christian Subbio, B.S., Lawrence S. Miller, M.D., Operative Techniques In Sports Medicine, 6:97-101, 1998

David L. Rubenstein, M.D.
CV
Continued

“A Harvesting Technique For Autologous Central One –Third Bone –Patellar-Bone Graft, Lawrence S. Miller, M.D., M.J. Wetzler, M.D., David L. Rubenstein, M.D., James H. Lubowitz, M.D., Arthroscopy: The Journal of Arthroscopic and Related Surgery

“Rehabilitation Following Anterior Cruciate Ligament Reconstruction”, David L. Rubenstein, M.D., Lawrence S. Miller, M.D., Carol Stratton, RPT, Jeff Chase, M.D.

“Repair of Rotator Cuff Tears In Golfers”, Michael J. Vives, M.D., Lawrence S. Miller, M.D., David L. Rubenstein, M.D., Raj V. Taliwal, M.D. Carl Becker, M.D., Arthroscopy: The Journal of Arthroscopic and Related Surgery 17:165-172,2001

“Operative Repair of Anterior Instability and Rotator Cuff Tears in Athletes”, Kenneth Brislin, M.D., David Rubenstein, M.D., Merrick Wetzler, M.D., Christian Subbio, M.D., Operative Techniques in Sports Medicine, 10:64-68,2002

“Managing Shoulder Injuries In Swimmers”, David L. Rubenstein, M.D., David Gloystein, B.S., Martin Gillespie, M.D., Merrick Wetzler, M.D., Robert C. Schenk, M.D. The Journal Of Musculoskeletal Medicine September, 2002

“Discoid Lateral Meniscus”, Christopher Spagnuolo, M.D., David L. Rubenstein, M.D.
Submitted for Publication, 2003

“Radiographic Analysis of Os Acromiale”, David L. Rubenstein, M.D., Brad Cohen, M.D., Richelle Takemoto, B.S. Submitted for Publication, 2003

MEDICAL VIDEOTAPES

"Orthopedic Examination of the Shoulder", James E. Tibone, M.D., Nick DiGovine, M.D., David L. Rubenstein, M.D., Frank W. Jobe, M.D.; Accepted by American Academy of Orthopaedic Surgeons. Presented at 1991 Meeting of the AAOS, Anaheim, California March, 1991

"The Modified Weaver-Dunn Procedure for Chronic Grade III Acromioclavicular Separations", David L. Rubenstein, M.D., James E. Tibone, M.D., Ronald S. Kvitne, M.D.; Accepted by 1994 American Academy of Orthopaedic Surgery.

David L. Rubenstein, M.D.
CV
Continued

“BOUNCE-BACK”, Exercise Videotape, 1999 Production, Currently Under Distribution

MEDICAL SOCIETIES

American Academy of Orthopedic Surgery
American Medical Association
Diplomate National Board of Medical Examiners
Temple University Medical Alumnae Association
Albert Einstein Orthopedic Alumni Association
Pennsylvania Orthopaedic Society
Philadelphia Orthopaedic Society for Sports Medicine
Delaware County Medical Society

MEDICAL HONORS

Top Doctor-Orthopedic Surgery: Consumers Guide to Top Doctors 2002

MEDICAL LICENSURES

Pennsylvania

COURSES ATTENDED

AAOS Controversies in Trauma,
September, 1985
Saratoga Springs, New York

American Society for Surgery of the Hand Regional
Review Courses,
1985, 1987,
Philadelphia, Pennsylvania

David L. Rubenstein, M.D.
CV
Continued

AI Dupont Annual Fall Seminars
1985, 1986
Dupont Inst., Delaware

Trauma; Pennsylvania Orthopedic Society
October, 1985
Philadelphia, Pennsylvania

Lower Limb & Spinal Orthotics
November, 1986
New York University, New York

Injuries to the Lower Extremities in Athletes
December, 1986
New Orleans, LA

AO/ASIF Basic Course
September, 1987
Ft. Lauderdale, Florida

Spine; Pennsylvania Orthopedic Society
October, 1987
Philadelphia, Pennsylvania

Pennsylvania - New Jersey
Annual Orthopedic Society
April, 1988
Aruba, Netherland Antilles

Principles and Techniques of External Fixation
June, 1988
Philadelphia, Pennsylvania

East Coast Regional Chief Resident Conference

David L. Rubenstein, M.D.
CV
Continued

August, 1988
New York, New York

Porous Ingrowth Arthroplasty
October, 1988
Hilton Head Island, South Carolina

American Academy of Orthopedic Surgery
February, 1989
Las Vegas, Nevada
The Orthopedic Review Course
March, 1989
Philadelphia, Pennsylvania

Chief Resident Symposium in Total Joint Arthroplasty
May, 1989
St.Louis, Missouri

The Philadelphia Orthopedic Review Course
May, 1989
Philadelphia, Pennsylvania

Infections in Orthopedic Surgery
May, 1989
Orlando, Florida

American Academy of Orthopaedic Surgery
February, 1990
New Orleans, Louisiana

Arthroscopy Association of North America
May, 1990
Orlando, Florida

Midas - Rex Biomaterials Certification Course

David L. Rubenstein, M.D.
CV
Continued

June, 1990
Anaheim, California

Arthroscopy "Back to the Future"
Hospital for Joint Diseases Orthopaedic Institute
December, 1990
New York, New York

Endoscopic Carpal Tunnel Release Workshop
February, 1991
Newark, New Jersey
American Academy of Orthopaedic Surgery
March, 1991
Anaheim, California

New Jersey Orthopaedic Society
New York State Society of Orthopaedic Surgeons
April, 1991
Orlando, Florida

Thomas Jefferson Orthopaedic Society Meeting
November 1991
Philadelphia, Pennsylvania

American Academy of Orthopaedic Surgery
February 1992
Washington, DC

Eleventh Annual Orthopaedic Pathology Review Course
June 1992
Atlantic City, New Jersey

American Orthopaedic Society for Sports Medicine
July 1992
San Diego, California

David L. Rubenstein, M.D.
CV
Continued

Kerlan-Jobe Orthopaedic Clinic Sports Medicine Conference
July 1992
Los Angeles, California

University of Texas Science Center Global Shoulder Surgical Techniques
November 1992
San Antonio, Texas

Pennsylvania Orthopaedic Society Fall Meeting
November 1992
Pittsburgh, Pennsylvania

Thomas Jefferson Orthopaedic Society Annual Meeting
November 1992
Philadelphia, Pennsylvania

Muscle Pathophysiology
November 1992
Patterson, New Jersey

Southwestern Orthopaedic Surgery Instructional Course
April 1993
Dallas, Texas

Seventh Annual Intensive Clinical Orthopaedic Review Course
June 1993
Philadelphia, Pennsylvania

Lasers in Orthopaedic Surgery
November 1993
Philadelphia, Pennsylvania

American Academy of Orthopaedic Surgery
February 1994
New Orleans, Louisiana

David L. Rubenstein, M.D.
CV
Continued

First Annual Orthopaedic Society for Sports Medicine Conference: The Shoulder
May 1994
Philadelphia, Pennsylvania

Anterior Cruciate Ligament Reconstruction-Hamstring Fixation
January 1996
La Jolla, California

Arthroscopy Association of North America
“The Masters Experience” Comprehensive Knee Course
August 1997
Rosemont, Illinois

The Athletes Knee - Fact & Fiction of The Anterior Cruciate Ligament
November 1997
Philadelphia, Pennsylvania

American Academy of Orthopaedic Surgery
March 1998
New Orleans, Louisiana

American Academy of Orthopaedic Surgery Specialty Day
Arthroscopy Association of North America
March 1998
New Orleans, Louisiana

Thomas Jefferson Orthopaedic Society Annual Meeting
November 1998
Philadelphia, Pennsylvania

Sports Medicine and Joint Replacement

David L. Rubenstein, M.D.
CV
Continued

September 1999
Kiawah Island, South Carolina

Orthopedic Radiology-The Knee and Lower Extremity
October 1999
Philadelphia, Pennsylvania

Thomas Jefferson Orthopaedic Society Annual Meeting
November 1999
Philadelphia, Pennsylvania

American Academy of Orthopaedic Surgery
March 2000
Orlando, Florida

American Academy of Orthopaedic Surgery Specialty Day
Arthroscopy Association of North America
March 2000
Orlando, Florida

Orthopedic Radiology-The Shoulder and Upper Extremity
April 2000
Philadelphia, Pennsylvania

Sports Medicine 2000
March 2000
Captiva Island, Florida

Primarily Orthopaedics Symposium
September 2000
Bryn Mawr, Pennsylvania

Boston Shoulder Symposium

David L. Rubenstein, M.D.
CV
Continued

October 2000
Boston, Massachusetts

Cryolife Osteoarticular and Soft Tissue Allografts
November 2000
Atlanta, Georgia

University of Delaware Annual Sports Medicine Symposium,
January 2001
Wilmington, Delaware

Primarily Orthopaedics Symposium
September 2001
Bryn Mawr, Pennsylvania
Arthrex Arthroscopic Cadaver Laboratory
April 2002
Naples, Florida

Pennsylvania Orthopedic Society
“Sports Medicine”
April 2002
San Juan, Puerto Rico

Primarily Orthopaedics Symposium
September 2002
Conshocken, Pennsylvania

“Advanced Techniques in Shoulder Arthroscopy – Arthroscopic Rotator Cuff Repair, S.L.A.P.
Lesion Repair, Arthroscopic Stabilization.”
February, 2003
Naples Florida

Shoulder Arthroscopy – Arthroscopic Rotator Cuff Repair
March, 2004
Naples Florida