

STUART L. TRAGER, M.D. P.C.
Pennsylvania Hospital
Specializing in Orthopedic Trauma and Hand Surgery

Curriculum Vitae

EDUCATION:

1980 to 1982* Undergraduate	Lehigh University Bethlehem, Pennsylvania B A. - Magna Cum Laude
1982 to 1986* M.D.	Medical College of Pennsylvania Philadelphia, Pennsylvania *Combined six year BA / MD program
1986 to 1987 Internship	University of Louisville Louisville, Kentucky General Surgical
1987 to 1991 Residency	University of Louisville Affiliated Hospital Program Louisville, Kentucky Orthopedic Surgery
1991 to 1992 Fellowship	Christine Kleinert Fellowship Louisville Hand Surgery University of Louisville Louisville, Kentucky Hand and Microsurgery

LICENSURE:

Pennsylvania:	MD-047881-L
New Jersey	25MA06177200
DEA:	BT2857158

CERTIFICATION:

July, 1996	American Board of Orthopedic Surgery
July 2006	Recertification American Board of Orthopedic Surgery

Stuart L. Trager, M.D.

Page Two

HOSPITAL AFFILIATIONS:

1992 to 2003	Attending Orthopedic Surgeon The Graduate Hospital
2002 to Present	Attending Orthopedic Surgeon Pennsylvania Hospital
2006 to Present	Attending Orthopedic Surgeon South Jersey Regional Medical Center

HONORS:

Phi Beta Kappa

Phi Eta Sigma

Resident Research Award
University of Louisville
Department of Orthopedic Surgery

Annual Podiatric Surgery Teaching Award
Allegheny Hospital Graduate Division
1997-1998

APPOINTMENTS:

1992 to 1996	Medical Director Orthopedic Clinic, Graduate Hospital
1993 to 1994	Internal Review Committee – Residency Training Program Department of Internal Medicine, Graduate Hospital
1994 to 2001	Orthopedic Residency Training Program - Faculty Preceptor Philadelphia College of Osteopathic Medicine
1994 to 2000	Sports Medicine Fellowship Staff Department of Orthopedic Surgery, Graduate Hospital
1995 to 2003	Faculty Preceptor – Primary Care Clinical Program Department of Medicine, Graduate Hospital

APPOINTMENTS (continued):

1995 to 2003	Faculty Preceptor – PM & R Residency Graduate Hospital
1995 to 2003	Faculty Preceptor - Podiatric Surgical Residency Program
1998 to 2003	Graduate Hospital Board of Governors
1998 to 2003	Chairman, Department of Orthopedic Surgery, Graduate Hospital
1999 to 2003	Graduate Hospital Medical Education Committee
1999 to 2003	Graduate Hospital Medical Executive Committee
2000 to 2003	Chairman, Graduate Hospital CME Committee
2000 to 2003	Chairman Graduate Hospital Medical Records Committee
2005 to present	Faculty Preceptor Pennsylvania Hospital Sports Medicine Fellowship Program

PUBLICATIONS:

Trager SL, Frederic LD, and Seligson D: Ankle Arthroscopy: A Method of Distraction, Orthopaedics, 12-(10): 1317-1320

Trager SL, SO T, Egleseder A, Kutz J, and Breidenbach WC: Grade Three Forearm Fractures – A Therapeutic Challenge, Orthopedic Transactions, Fall 1989. (Abstract)
Seligson D, Green D, Trager S, and Henry S: Management of Supracondylar Fractures of the Femur With the GSH Intramedullary Nail, Contemporary Orthopedics, 22(6): 631-635, June 1991

Trager S, Pignataro M, Anderson J, and Kleinert J: Color Doppler Imaging in the Upper Extremity, Journal Hand Surgery, 18A (4): 621-625, July 1993

Bontempo E, Trager S: Ball Thrower's Fracture of the Humerus Associated with Radial Nerve Palsy, Orthopedics, 19(6): 537-594, June, 1996

Breidenbach W, Trager S: Quantitative Culture Technique and Infection in Complex Wound of the Extremity Closed with Free Flaps, Plastic and Reconstructive Surgery, 4/95 95 (5): 860-865, April 1995.

Stuart L. Trager, M.D.

Page Four

PUBLICATIONS (continued):

Moser, D, Benz, R, Andersen, RE, Trager, SL, Walker, R, Daka, M, Prediction and Measurement of Maximal Heart Rates in Healthy Adolescents. *Med Sci Sport Exerc*, 2007, 39:S401.

POSTERS & EXHIBITS:

November, 1988

Ankle Arthroscopy – A New Method of Distraction; Orthopedic Trauma Association, Dallas, Texas

February, 1990

Collagraft Bone Graft Substitute – the Louisville Experience & Results of Multicenter Clinical Trial; American Academy of Orthopedic Surgeons, New Orleans, Louisiana

March, 1991

The use of External Fixation in the Management of Patellar Tendon Ruptures, Scientific Exhibit, American Academy of Orthopedic Surgeons Annual Meeting, Anaheim, Ca

WORK IN PROGRESS

Revisions underway following initial submission to *Nutrition and Metabolism*:
Moser CD, Dorshimer, GW, Maenpaa, GA, Hunter, BJ, Trager, SL, Resting Metabolic Rate in Overweight Females During Weight Loss on a Low Carbohydrate Diet.

Present Research Study, funded by the Mary E. Groff Foundation, Bryn Mawr PA (\$31,000):

Dorshimer, GW, Moser, CD, Greene, R, Headley, SA, Maenpaa, GA, Trager, SL, Candy Bars and Carbohydrate Supplementation during Prolonged Exercise in Well Trained Cyclists.

PRESENTATIONS PROVIDED UPON REQUEST